



Plan Ahead

our monthly newsletter

**Moving Forward, Together
Inspiring, Educating, and Empowering**

In the Merry Month of May



May Day-May 1



May 10-Mother's Day



SOROPTIMIST INTERNATIONAL
OF PALM DESERT
FRIENDSHIP LINKS

Soroptimist is a global organization of women who volunteer their time, their talent and their resources to improve the lives of women and girls through programs that lead to economic and social empowerment.

May will be a busy month. It's when our club gets to do one of our favorite service projects; we'll celebrate and honor different professions; honor special women and even we will remember a movie with the catch phrase: "May The Fourth Be With You".

Mighty Girl Bookshelf, a rewarding service projects is when we empower girls through education and reading. We will be setting up a Mighty Girl Bookshelf at Della S Lindley Elementary School, Thousand Palms. We enjoy this service project as we get to interact with the students.

May Day marks the ancient spring festival of renewal and International Workers Day. It signifies the beginning of summer with traditions such as dancing around maypoles. It is also a day of rallies for workers rights commemorating the 1886 Haymarket event in Chicago.

Teacher Appreciation Week. Monday, May 4-Friday, May 8, a week to acknowledge the dedication of educators and express our gratitude for the service they provide to their students and the communities.

Mother's Day is Sunday, May 10, a day to honor mothers, motherhood, maternal bonds, for contributions to society. It was established by Anna Jarvis, with the first Mother's Day celebrated during a service of worship held in West Virginia on May 10, 1908.

National Nurses Week Every year, from May 6th to 12th, nurses are recognized for their service and dedication to caring for others and improving the health of patients nationwide through National Nurses Week. During the week, healthcare organizations celebrate their teams, and you'll see nurses featured on the news. People across the nation thank the nurses who have made a difference in their lives.

Sally Ride Day. May 26 (her birthday) honors the first American female astronaut to go into space. It is meant to be a day to learn about science and exploration. Sally serves as a role model for girls who are interested in space and science. In 2001 she started her company Sally Ride Science Academy at UC San Diego to provide educational programs for students in grades K-12.

Have a great month.
Natalie Angrisani
2025-26 SIPD Club President

Soroptimist House of Hope Spring Shower

Clients are invited to a
personal needs shower
May 6th 12-1 pm
RAP Foundation
41550 Eclectic St
Palm Desert CA 92260

Soroptimist International of Palm Desert

This is the want list for our SHOH SHOWER May 6th. Members can order directly or you can go to the store and shop in person if you so choose.

The needs are:
Shampoo
conditioner
Bath Poofs
Lotion

Sanitary pads of various sizes, no tampons please
Natalie if you can shorten this link, I'll love you forever!

Here is the Amazon link:
https://www.amazon.com/hz/wishlist/ls/1CX6RWOKEG2C9?ref=wl_share

The link is also in your SIPD weekly email.

Don't forget to sign up for the CINCO DE MAYO themed pot luck lunch.

Soroptimist International of Palm Desert

Mighty Girls Bookshelf
Della S Lindley Elementary
May 15th 11:30am

LOVE WE READ BOOKS
READING IS FUN



One of our most rewarding projects is when Soroptimist International of Palm Desert empowers girls with education and reading.

We have set up "Girl Power" corners in a few of our local elementary school libraries, filling the library shelves with empowering and dynamic stories that provide role models for young girls. This year we have a goal to achieve the same in more local elementary schools, providing books that are fun and also motivating for K through 6th grade students.

Della S Lindley Elementary School, which is located in Thousand Palms will be the recipient of our current order of books on May 15. Thank you to SIPD member, Pam Rich for following up with the books order and connecting with the school librarian.



I want to... 🔍

- 🔍 I want to **empower women and girls**
- 🔍 I want to **help girls create goals**
- 🔍 I want to **meet volunteers around the globe**
- 🔍 I want to **make a difference**
- 🔍 I want to **invest in dreams**

BECOME A SOROPTIMIST

Soroptimist.org

It starts with "I want to..." and becomes impact, connection and opportunity.

Join us in creating a world where women and girls can reach their full potential ❤️






Mary Kay Berlier
Invites you to attend a
celebration of life
for her friend
Timmy Olsen



Celebration of Life
for
Timmy Olsen



May 14, 1952 - March 19, 2026
CACTUS JACK'S RESTAURANT
74450 HIGHWAY III, PALM DESERT
Thursday, May 14 at Noon

This month, for our Women in History feature, We remember Florence Nightingale, the founder of modern nursing.

THE LADY WITH THE LAMP

Nurse & social reformer **Florence Nightingale** was born on this day in 1820

Served as manager and trainer of nurses during the **Crimean War**, in which she organised care for wounded soldiers

As **founder of** modern nursing, professionalised **nursing roles** for women and established a nursing school in London in 1860

The '**Nightingale Pledge**' taken by new nurses, and the '**Florence Nightingale Medal**', the highest international distinction a nurse can achieve, were named in her honour

TOI

INTERNATIONAL NURSES DAY IS CELEBRATED ANNUALLY ON HER BIRTHDAY

CONNECT WITH US

There are many ways to connect with us and support our mission. Contact us to learn out about Soroptimist International of Palm Desert and how we work together to improve the lives of women and girls by inspiring, educating, and empowering them.

Soroptimist International of Palm Desert
P.O. Box 13997
Palm Desert, CA 92255

760-534-8782

MEETINGS

Speaker's Meeting
1st Wednesday of the Month

Business Meeting
3rd Wednesday of the Month

2025-2026 OFFICERS
Natalie Angrisani, President
Cathy Brown, President-Elect
Marlon Carrier, Secretary
Becky Goebel, Treasurer

EMAIL

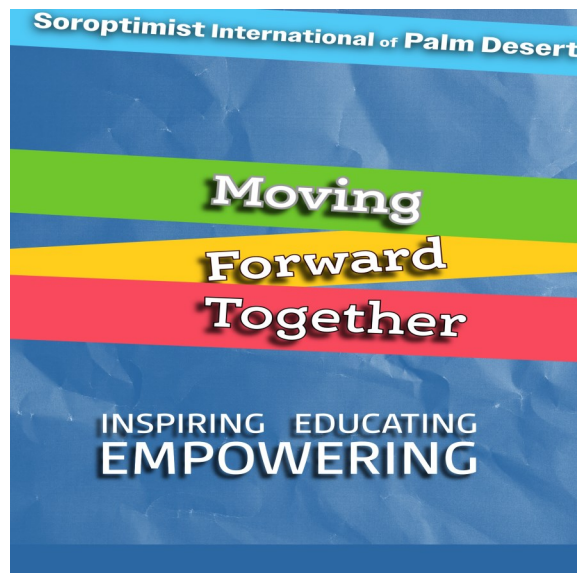
info@SoroptimistInternationalofPalmDesert.org

FACEBOOK

[SoroptimistInternationalPalmDesert](https://www.facebook.com/SoroptimistInternationalPalmDesert)

WEBSITE

[SoroptimistInternationalofPalmDesert.org](https://www.SoroptimistInternationalofPalmDesert.org)



Service Director
Jocelyn Corominas

Membership Director
Doris Churry

Fundraising Director
Vanessa Wilk

Public Awareness Director
Susan Rosenberg

LYDA Cordinator
Dr. Seniorina Saldivar



Are you curious about us?
When you attend one of our meetings, a social event or one of our FUN Fundraising Events, you'll get to meet our members and learn about the different service projects that we are doing in the Coachella Valley



We have an opportunity to earn rewards from Staples when we recycle used ink cartridges (we've done this before) We can recycle three cartridge at a time five dollars apiece that's \$15 we can use towards printing expenses. Check with Becky Goebel for details.

